Stephanie Riera - Col. 08-4329

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EDUCATION

2019 – Current * PhD on "Clinical Exploration of Swallowing from fluids to solids" – *Dpt. of Surgery - Universitat Autònoma de Barcelona (UAB)*

2018 - 2019 * Master on Clinical Investigation Applied to Health Sciences - *Universitat Autònoma de Barcelona (UAB)*

2013 - 2017 * Graduated Speech Language Therapist - *Universitat Autònoma de Barcelona (UAB)*

2016 - 2017 * International exchange SLP-SLHS - *San Diego State University (USA)*

2015 - 2016 * Erasmus SLT - *City University of London (UK)*

2008 - 2013 * Industrial engineering - *ETSEIB (UPC)*

COMPLEMENTARY EDUCATION

2024* **Larynx EMG (Hospital La Paz – Madrid)**
2024* **Diagnosis and Intervention in SMA patients (CuidAME project)**
Part of the dysphagia board
2024* **ESSD Winter School**
VFSS Course. From Diagnostic to Treatment
2023* **ESSD Congress**
Tracheostomy Course
2022* **BCA Therapy (University College of London)**
Online Course
2021* **GCP Certificate (NIDA Clinical Trials Network)**
2021* **Intervention in neurolaringology, larynx cancer and palsy of the larynx (Universitat Ramon Llull - Blanquerna)**
2020* **Mechanical Ventilation on COVID-19 Patients(EdX – Harvard University)**
2019* **Oropharyngeal paediatric-neonatal dysphagia. Block 1: Assessment and diagnosis, based on clinical practice (Col·legi Logopedes de Catalunya)**
Seminar by Raquel García
2019* **Laringostroboscopy: Interpretation and implication in Therapy (Col·legi Logopedes de Catalunya)**
Seminar by Drs. Montserrat and Nuria Bonet
2019* **CSE Accreditation Course (European Society for Swallowing Disorders)**

2018* **Workshop in Paediatrics at the 8th ESSD Congress framework in Dublin (European Society for Swallowing Disorders)**
2018* **FEES Accreditation Course (European Society for Swallowing Disorders)**
2017 * **Dysphagia (University of East Anglia)**
Online Course
2017 * **ASHA Convention (American Speech-Language-Hearing Association)**
2017 * **CITI Training completed (USA)**
2016 * **Update in diagnosis and treatment of Dysphagia (European Society for Swallowing Disorders)**
Seminar directed by Dr. Pere Clavé
2016 * **I International Congress of Speech Fluency in Barcelona**
2016 * **The Many Faces of Dementia (University College of London)**
Online Course
2014 * **Approach of Voice Disorders in Professionals of Voice (Escola de Patología del Llenguatge)**
Seminar by Paul Farrington
2008 * **Musicaltherapy (Fundació Verge Blanca)**

ACADEMICS EXPERIENCE

2019 - 2021*	**Tutor of SLP internship of Practicum III, 4th grade of SLP bachelor degree (UAB)**
2020 - 2021*	**Professor of Dysphagia Block online in Practicum III, 4th grade of SLP bachelor degree (UAB)**
2019 - 2020*	**Tutor of Master Project – Master on Swallowing Disorders (ESSD-FSCSdM-UAB)** Thushani Jarasuriya - *Prevalence and risk factors for oropharyngeal dysphagia in patients with acute stroke at North Colombo Teaching Hospital, Sri Lanka: A cohort study*
2020 - Current*	**Tutor of Master Project – Master on Swallowing Disorders (ESSD-FSCSdM-UAB)** M.Júlia Castellón- *Evaluación del estado deglutorio y nutricional en pacientes post COVID-19 asegurados en la CSBP, regional La Paz, Bolivia*
2020 - Current*	**Tutor of Bachelor's Project – SLP Bachelor Degree (UAB)** *Judit Rovira – Swallow ready and its implications in the oral preparatory phase using a modification of the TOMASS*
2020 - Current*	**Lecturer – Master on Swallowing Disorders (ESSD-FSCSdM-UAB)** Clinical Swallowing Evaluation
2020*	**Lecturer – Dysphagia Screening and Clinical Assessment in Acquired Dysphagia (Trinity College Dublin)** Seminar in V-VST and TOMASS as clinical exploration tests
2020*	**Presentation – I Jornada Interuniversitária de Práctica Logopédica (UAB-U.Oviedo-UCM)** Intervención en Disfagia en Pacientes COVID/PostCOVID (with Dr. Pere Clavé)
2021*	**Lecturer – Course on Nursing Homes care (CSdM - Tecnocampus)** Swallowing Assessment; Dysphagia phenotypes; Workshop on clinical evaluation
2021*	**Lecturer – Educational course on dysphagia for parents and carers of special needs' children from Arboç' School (CSdM – Fundació Maresme)** Rosecup - Lifemare
2021*	**Presentation – 'Logopèdia i COVID19' in the frame of the European Day of SLP (UAB)**

2021* **Participation Round Table – II Jornada Interuniversitária Online de Práctica Logopédica (UAB-U.Oviedo-UCM-U.Murcia)**

2022 – 2023* **Tutor Master Project– Master on Swallowing Disorders (FSCSdM-UAB)**

Osvaldo Díaz - *Prevalencia de disfagia orofaringea y desnutrición en pacientes extubados que hayan ingresado en la UCI a causa del COVID- 19 en la Clínica Red Salud Santiago entre abril y junio del 2022*

2022 – 2023* **Tutor Master Project – Master on Swallowing Disorders (FSCSdM-UAB)**

Romina Argandoña - *Systematic and Scoping Review of Test of Masticating and Swallowing Solids (TOMASS)*

2022* **Presentation – III Jornada Interuniversitária de Práctica Logopédica**

Optimal Massive Intervention in elder patients with oropharyngeal dysphagia

2022* **Participation Round Table – III Jornada Interuniversitária Online de Práctica Logopédica**

2022* **Course for Resident Dosctors on Gastroenterology**

Practical class on clinical evaluation of OD using V-VST and TOMASS

2022* "**Volume Viscosity Swallow Test (V-VST) and the management of hospitalized patirnts with OD using Minimal Massive Intervention"**

Learning sessions for nurses from Mataró Hospital and region

2022 – 2024* **Associate Professor UAB**

Faculty of Psychology

2022 – 2023* **Tutor Final Project – SLP Bachelor (UAB)**

Carla Castells – *Característiques normatives de la fase preparatòria oral de sòlids en adults sans.*

WORK EXPERIENCE

2023 – Current * **Hospital Universitari de Bellvitge:** SLP clinical and research in the motorneuron disease unit, and VFSS.

2022 – Current * **Unitradendt Medical (Teknon):** SLP in Neurorehabilitation

2018 – 2023 * **Hospital de Mataró**: SLP clinical and research in Gastroenterology and Motility Lab

2018 – 2023 * **Fundació de Recerca en Gastroenterologia (FUREGA)**

2018 – 2020 * **European Society for Swallowing Disorders (ESSD)**

2017 *** Moores Cancer Center - UCSD La Jolla (USA)**

Observe and assist Liza Blumenfeld – CCC-SLP with H&N cáncer patients with dysphagia

2016 - 2017 *** Bilingualism and Cognition Lab - SDSU (USA)**

SPECSS (Specific Purpose English Communication System for Seniors): Research project on develop a teaching system of functional english to the seniors population. Implemented in a group of 10 older adult Somalies. Library award in SRS 2017

2016 - 2017 * **Tutoring Spanish**

Tutoring spanish and encouragement with several activities to a child 4 years old native english-speaker with anxiety.

2015 **Hospital Sagrat Cor de Barcelona**

Speech Language Therapist internship with all type of patients in Public Health.

2015 * **ERB Llenguatge - Barcelona**
Speech Language Therapist internship, mostly with children.
2015 * **Hospital Vall d'Hebron - Barcelona**
SLT university internship with the ENT department.
2015 * **Hospital Sant Pau i de la Santa Creu - Barcelona**
SLT university internship with the Neurology department.
2013 - 2015 * **Clínica Arias Marsal**
Observing and assisting Dr. Arias with the diagnosis and treatment of voice disorders.
2015 - 2016 * **Kids & Us**

English teacher to children ages 6 to 9.

2013 - 2015 * Tutoring English to a child with ADHD 6 to 8 y.o.

2006 – 2010 * Tutoring primary and secondary school subjects.

2006 – 2010 * Tutoring transverse flute.
2008 * Substitute teacher of Transverse Flute in the EMMB.

VOLUNTEERING

2016 - 2017 * Somali Family Services in San Diego (USA)

Tutoring ESL with older adults from Somalia

2016 * Refugees camp in Greece

2008 - 2014 * Comedor Social Reina de la Pau en Barcelona

2004 - 2006 * Caritas: Tutoring children from low economic status

LANGUAGES

Catalan – *Mother tongue*; Spanish – *Mother Tongue*; English - *Proficency*; Italian - A*dvanced*

French - *Basic* ; German – *Some notions*; American Sign Language - *Basic;*

PERSONAL SKILLS

Driving license A1 and B (Spanish and US)

Computing: *Microsoft Office (Word, excel, powerpoint), MAC, linux user level; Praat, MDVP voice analysis and linguistic programs; CHILDES and SALT transcription programs; Statistics (Graphpad, SigmaPlot, JAMOVI, Stata*

INTERESTS & ACTIVITIES

Societies: *Col·legi de Logopedes de Catalunya (CLC)*, *AELFA, ASHA, European Society for Swallowing Disorders (ESSD), Societat Catalana de Digestologia (SCD), Acadèmia de Ciències Mèdiques de Catalunya i Balears, Dementia Friends, Autism Village, Médicos sin Fronteras, Castellers de Berga, Scouts*

Music: *Conservatory from 4 to 18 y.o. Certification of Mid grade with Transverse Flaute. Other instruments: singing, guitar, trombone and complementary piano*

PUBLICATIONS

1. Blumenfeld HK, Quinzon SJR, Alsol C, Riera SA. Predictors of Successful Learning in Multilingual Older Adults Acquiring a Majority Language. Front Commun. 2017;2(December):1–19.
2. Riera S., Marin S, Serra M, Clave P. A systematic review to assess the psychometrics of the volume viscosity swallow test (V-VST) on the clinical diagnosis of oropharyngeal dysphagia [Internet]. 2020 [cited 2020 Jul 15]. Available from: https://www.crd.york.ac.uk/prospero/display_record.php?RecordID=136252 [Uner Review]
3. Martin-Martinez A, Ortega O, Viñas P, Arreola V, Nascimento W, Costa A, Riera SA, Alarcón C, Clavé P. COVID-19 is associated with oropharyngeal dysphagia and malnutrition in hospitalized patients during the spring 2020 wave of the pandemic. Clin Nutr. 2021 Jun 15:S0261-5614(21)00297-1. doi: 10.1016/j.clnu.2021.06.010. Epub ahead of print. PMID: 34187698; PMCID: PMC8205257.
4. Costa A, Martin A, Arreola V, Riera SA, Pizarro A, Carol C, Serras L, Clavé P. Assessment of Swallowing Disorders, Nutritional and Hydration Status, and Oral Hygiene in Students with Severe Neurological Disabilities Including Cerebral Palsy. Nutrients. 2021 Jul 14;13(7):2413. doi: 10.3390/nu13072413. PMID: 34371923; PMCID: PMC8308512.
5. Viñas P, Alarcón C, Martin A, Costa A, Riera SA, Ortega O, Arreola V, Nascimento W, Clavé P. Prevalence of oropharyngeal dysphagia and malnutrition among hospitalized patients with Covid-19 at the three waves of the pandemic. Clinical Nutrition ESPEN. 2021 Dec 46. S623. doi: 10.1016/j.clnesp.2021.09.229.
6. Viñas P, Bolivar-Prados M, Tomsen N, Costa A, Marin S, Riera SA, Barcons N, Clavé P. The Hydration Status of Adult Patients with Oropharyngeal Dysphagia and the Effect of Thickened Fluid Therapy on Fluid Intake and Hydration: Results of Two Parallel Systematic and Scoping Reviews. Nutrients. 2022 Jun 14. 2497. doi: 10.3390/nu14122497.
7. Clavé P, Ortega O. (2023). *A multidisciplinary approach to managing swallowing dysfunction in older people*. Elsevier